

EVENTS

Bombay Adult Education Association: Will be starting a course in 'Journalism' which will be conducted by P K Pillai.
Date: December 18; 6 pm.
Venue: K R Cama Hall Bldg, 4th floor, opp. Lion Gate, 136, S B Singh Road, Fort.
Contact: 22821047

National Academy of Media Education: Conducts basic and advance courses in film and TV direction, editing, videography and cinematography, sound designing, acting, voicing and dubbing.

Venue: 82, Arthur Villa, S. V. Road, Andheri (W).
Contact: 9619119905/ 26701641

Isra: Conducts workshop on 'Managing conflicts and dealing with difficult people'. Aimed at gaining insight into difficult people and how to deal with them, as well as developing an optimum conflict management style, for greater personal power and professional competence.
Date: December 20; 9 am-6 pm.
Venue: Churchgate and Andheri.
Contact: 9821424251/ 9819911197

Intelli Kids: Presents 'Math-O-Logy' a unique maths enhancement programme for students from 5th standard onwards with focus on improving calculation skills, memory development, reasoning and logical thinking.
Venue: Narsing lane, Malad (W).
Contact: 9322161913

Apollo Clinic: Organises a free health check-up camp including dental checkup, cardiac care, diabetes care, breast cancer awareness and blood pressure.
Date: Till January 31; 4-8pm.
Venue: Oberoi Mall, Goregaon (E).
Contact: 9821168527 / 9702662963

Theta healing: Transform your life and create health, wealth, abun-

TIMES FOUNDATION

● **Times Foundation in association with Rotary International District 3140, Indian Yoga Assn and Kavilayadhama:** Prepares a 'Directory of Yoga Organisations in Mumbai and Greater Mumbai'. Institutions engaged in promotion of Yoga are requested to register for free listing.
Contact: 22834520 / 9820063720 or visit-www.yogadirectorymumbai

● **Aarsha Vidya Foundation:** Organises free classes on Bhagavad Gita by Swami Brahmavidananda.
Date: Every Monday; 6.30-7.30pm.



Venue: The Times of India Bldg, CST.
Contact: 9870215674

● **Wealth of Wellness:** Organises a workshop 'The Inner Katha- The story within', on finding balance for women.



Nalanda — The World Wisdom Centre: At Lower Parel, Bandra (W), The Times of India Building (CST) and HELP@ D N Road. Call 24918878/66354335. or visit www.nalandawisdomcentre.org/www.timeswellness.com

dance and relationships through instant healing 'Theta Healing'. Certified Courses also available.
Venue: Andheri (east).
Contact: 9867462877

Calligraphy Workshop: Learn English and Devnagari calligraphy and learn the traditional folk art of Bihar, Madhubani paintings and the use of motifs on different mediums.
Venue: Thane(W).
Contact: 40121287

Swaradhana: Presents Free Workshop on Vocal Training which includes various aspects of Classical, Semi-Classical and Light Music Vocal (film songs, bhajans, ghazals and folk) by Nitin Sampat.
Date: December 19; 4-8 pm.
Venue: Ravindra Natya Mandir, Prabhadevi.
Contact: 9820436863/ 9821551169

Vishwa 2009: Organises an international level exhibition/conference to support eco friendly business solutions. Pre registration is mandatory.
Venue: Ravindra Natya Mandir, Prabhadevi.
Date: December 18-20; 9 am-7 pm.
Contact: 40203617

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Nakodas Chocolate House: This Christmas pamper yourself by learning exotic and fresh chocolates like almonds, praline, almond rock, marble, ferrero rocher, truffle and many more.
Venue: Chembur.
Contact: 9833952729

Nimble Foundation: Conducts pioneering programmes in voice culture and Public speaking practicing. The workshop includes training on addressing an audience, making speeches and developing the spontaneous ability of extempore communication.
Date: From December 15.
Venue: Bandra, Nariman Point and Navi Mumbai.
Contact: 40026600/ 40026020

Art Workshop: Learn to sculpt and shape fruits and vegetables in to artistic delights with practical experience from Sonal Unarker a professional, trained in USA. Carve beautiful flowers, love birds, candles, lanterns etc using different fruits and vegetable.
Venue: Vile-Parle (W).
Contact: 9322068208

Write Right: Workshops for adults, focus on techniques of writing articles for newspapers and magazines,

using Navrasa, therapeutic theatre, and symbols from the rich cultural heritage of India.

Date: December 19; 10-2pm.

Venue: Times of India Building, CST.
Contact: 9892034407

● **Amit Lalwani:** Conducts a kickboxing workshop on how to lose weight, burn calories and tone the body.

Date: Monday and Wednesday; 6.30- 7.30 pm.

Venue: Nalanda, Bandra.
Contact: 98690 36872

structure, interviewing skills and script-writing. Children's batches 10-12 years

Date: From December 19.

Venue: Union Park, Khar (W)
Contact: 9820119421

Personal Grooming Workshop: Learn self make-up, hairstyles and sari-draping.
Venue: Andheri (W); 11 am-4 pm.
Contact: 9819477036

ART

NARIMAN POINT/KALA GHODA/FORT/COLABA

Art Musings: Presents 'Brooklyn Bound R Train' by New York based artist Raghava KK.
Date: December 16-January 20.
Venue: Art Musings Gallery, Admiralty Bldg, Colaba Cross Lane.
Contact: 22163339

Jehangir Art Gallery: Presents exhibition of nature on oil and canvas by R B Patil.
Date: Till December 20; 11 am-7pm.
Venue: Kala Ghoda, Fort.

D D Neroy Gallery: Presents: Presents salutations showcasing works of 42 artists.

Date: Till December 16; 11 am-6 pm.

Venue: 534, Sandhurst Bridge, Bombay Mutual Terrace, 2nd floor, Chowpatty.

Contact: 23611124/ 9820649938

Moksh Art Gallery: Displaying works of various artists.

Date: Till December 15.

Venue: Opp. Trishna Restaurant, Kala Ghoda, Fort.

Contact: 9820476729/ 9324016017

Project88: Presents exhibition of paintings by Atul Bhalla.

Date: Till December 26; 11 am-7pm.

Venue: BMP Building, Ground floor, N A Sawant Marg, near Colaba Fire Station, Colaba.

Contact: 22810099

Galerie Mirchandani: Presents Dayanita Singh's 'Blue Book in Bombay'.

Date: Till December 31; 7-9 pm.

Venue: 2 Sunny House, 16/18, Mereweather Road, Behind Taj Mahal Hotel, Colaba.

Contact: 22023030/ 3434/ 3636

BREACH CANDY TO PRABHADEVI

The Loft: Presents 'Mumbai Tropism' – a two-part exhibition of digital works, installation and photographs by Bangladeshi artist Mahbubur Rahman.

Date: December 15-January 1.

Venue: Mathuradas Mills Compd, Tulse Pipe Rd, Lower Parel.

Contact: 30400166

Galleria: Presents 'Small Treasures' a small format show by nationally recognized artists. These paintings though of a smaller size incorporate the signature elements of each artist.

Date: Till January 5; 10 am-6.30pm.

Venue: Poonam Apartment, D-block, behind Shivsagar Estate, Dr Annie Besant Road, Worli.

Contact: 24952005/ 24975367

GET LISTED

Write two days in advance to

Events, Bombay Times, The Times Of India Building, D N Road, Mumbai 400001.
Fax 22731080 Email: bombaytimes@timesgroup.com